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The Study of Feng Shui

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Feng Shui is relevant to anybody. You can practice Feng Shui in any situation and in any living environment. Anyone who is interested in improving the quality of life for self and others is sure to be benefited by Feng Shui. But, before you take up Feng Shui, it is important to know that there are many schools or techniques of Feng Shui and there are many variations within each school. Whatever school you might consider for a Feng Shui consultation, remember that the basic principles and theories would remain the same but there can be some variation in the tools that are used for analysis and interpretations.

New York feng shui master Alex Stark has designed many workspaces and institutional environments. In his view a harmonious, well-balanced environment liberates creativity and vitality and opens up new opportunities. Feng shui, the holistic practice of space design, is a valuable tool in creating salutary business environments, he says. He provides the following information as a brief introduction to various techniques of Feng Shui:

Flying Star Feng Shui

Flying Star or Xuan Kong Feng Shui is the most advanced level of Feng Shui study. It adds a time dimension to a building's energy. Feng Shui analysis in this school enables you to predict the good times and the bad times from year to year, month to month and day to day, based on the natal or the birth day chart of each house. Feng Shui consultants of this school suggest enhancements after a complete Feng Shui study is made to know how the nine different "stars" or energies are moving or "flying" to different compass directions every year, month, day and hour. Charts are constructed based on this study. The residents' dates of birth are also taken into account. This school also gives consideration to the form of the structure and how it affects the performance of the "stars".

Compass School Feng Shui

Compass School Feng Shui classifies structures and persons into eight categories, based on the divisions of the lo pan compass. Compass directions, in turn can be subdivided into an East Group, which reflects active, entrepreneurial energy, and a West Group, which is more nurturing and receptive. A building's orientation determines whether it is an East or West Group structure. A person's date of birth and gender determines whether he or she belongs to the East Group or the West Group. A Feng Shui consultant who uses this technique suggests best compass directions for sleeping and working which can have a positive effect on career, prosperity, health, and relationships.

Form School Feng Shui

The Form School, based on the landscape's shapes and topography, uses 4 symbolic animals to identify basic qualities in any site. The Form

School consultants make a systematic study of the site in order to understand how the shapes and forms of the surrounding landscape and waterways affect people living or working in a structure. Interior forms and the layout of the structure are also analyzed and Feng Shui consultation is made by understanding the many implications of architectural forms, interior design, and how materials, colors and textures can impact on life issues. Form School is probably the most common form of analysis in Feng Shui.

Western Feng Shui (Black Hat Sect Tibetan Buddhist)

This is a modern version of Feng Shui developed in the mid 1980s and is a combination of Tibetan Buddhism, Taoism, Psychology and Traditional Feng Shui and is based on a more spiritual approach. In this technique, instead of using a lo pan compass to determine auspicious or inauspicious directions, the structure is divided into eight sections and a Bagua template is aligned with the entry door. Each section corresponds to a different life aspiration, such as Career, Reputation, Relationships, Wealth, Power, and so on. This technique also uses symbols and images to promote successful outcomes in any of these areas, keying the symbols to the corresponding section of the Bagua template. Black Hat Sect consultants also draws from modern psychology and design principles.

Astrology Schools

In addition to Flying Star, Compass, Form and Black Hat Sect, most modern day consultants also use astrological tools. Most of these are based on correlations between the trigrams of the I-Ching and astrological positions of key constellations. Among the most common techniques is 9 Star Ki, which is in reality a Japanese variation of older Chinese systems. It is best suited to evaluate the basic character and personality of the client, as well as their auspicious dates, directions, and orientations.

Perhaps the most powerful of all astrological systems, Four Pillars plots the person's date and time of birth and can provide information as to their ultimate role in life, with forecasts for each year, day and hour. It can also help a Feng Shui consultant to tune their space to promote optimal outcomes in daily life.

Resources

- * www.alexstark.com--feng shui master Alex Stark's Website.
- * www.techfengshui.com--a blog with links to articles for reining in technology clutter (new from blogger Ernie the attorney).
- * Clear Your Clutter With Feng Shui by Karen Kingston
- * 2011-2020 Feng Shui Almanac by Alex Stark, with auspicious dates for all construction projects